

[Diksha Srivastava]

[Counselling Psychologist]

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Internship

[TELE-COUNSELLING], [Amity University], [Lucknow, Uttar Pradesh] [APRIL 2020- MAY 2020]

[Learned how to conduct counselling session over a phone call and how to provide counselling and relief to people in distress during this time of Covid-19 Pandemic. This internship opportunity helped enhance communication skills and counselling skills.]

[LIFE SKILLS TRAINEE], [Manoshakti], [Lucknow, Uttar Pradesh] [February 2020]

[Experienced how a counselling session takes place. Learned about the life skills and how to apply them in our lives and help other acquire them]

[TEACHING AND OBSERVATION], [Sarthak Foundation], [Lucknow, Uttar Pradesh] [December 2019- January 2020]

Taught underprivileged children and observed them while they attended classes. Through this opportunity learned and understood the hardships of the children and their families and how they work and managed through them all.

Education

Masters (MA) in Counselling Psychology [Amity University], [Lucknow, Uttar Pradesh] [CGPA-8.00] [2019-2021]

Bachelor of Arts (BA) [Isabella Thoburn College], [Lucknow, Uttar Pradesh] [50.17%] [2016-2019]

Senior Secondary (XII) [St. Fidelis College], [Lucknow, Uttar Pradesh] [66.00%] [2016]

Secondary(X) [St. Fidelis College],[Lucknow, Uttar Pradesh] [65.17%] [2014]

Achievements

[Paper published], [IJRAR], [UGC-Approved Journal] [2nd February, 2022]

The paper entitled "Impact of attachment style on the social competence and the life satisfaction among adolescents" published in IJRAR that is a UGC approved journal.